# Men's Health Symposium: Men's Health Across the Lifespan Saturday, March 17, 2018







LOCATION: Saybrook Point Inn Old Saybrook, Connecticut

### Conference Faculty subject to change

### COURSE DIRECTOR

Stanton Honig MD Clinical Professor of Urology Director, Men's Health Yale School of Medicine

### **GUEST SPEAKERS**

### David Shin MD

Chief, Center for Sexual Health & Fertility, Department of Urology Hackensack University Medical Center Assistant Professor of Urology University of Medicine and Dentistry of New Jersey

### Alexander Pastuszak MD, PhD

Assistant Professor, Center for Reproductive Medicine Division of Male Reproductive Medicine and Surgery Scott Department of Urology Baylor College of Medicine, Houston, TX

### YALE SCHOOL OF MEDICINE FACULTY

Angela Arlen MD Assistant Professor of Urology Preston Sprenkle MD Assistant Professor of Urology

Assistant Professor of Urology and of

Radiology and Biomedical Imaging

Brian Shuch MD

David Hesse MD Clinician in Urology

Daniel Kellner MD Clinician in Urology

Michael Leapman MD Assistant Professor of Urology

Thomas Martin MD Clinician in Urology

Piruz Motamedinia MD Assistant Professor of Urology

Gerald Portman MD Assistant Professor of Urology

Learning Objectives This course will enable participants to:

- Differentiate when PSA screening is and is not appropriate.
- Describe the different delivery systems for testosterone in the hypogonadal male.
- Review the success rates and risks of minimally invasive procedural treatment options for BPH.

### Conference Schedule *subject to change*

#### YALE SCHOOL OF MEDICINE CONFERENCE

7:00 AM	Registration and Continental Breakfast (Non-CME Program Sponsored by Astellas)
8:00 AM	Welcome and Introductions Stanton Honig MD
8:05 AM	What Every Doctor Should Know about Pediatric Genital Conditions that May Affect Adulthood <i>Angela Arlen MD</i>
8:20 AM	Nuts and Bolts of Testis Cancer Diagnosis and Treatment Brian Shuch MD
8:35 AM	Male Contraception: Vasectomy or is Something Better on the Horizon? Stanton Honig MD
8:45 am	Debate: Are Sperm Counts Dropping? Moderator: Stanton Honig MD Pro: David Shin MD Con: Alexander Pastuszak MD, PhD
9:45 AM	Prostatitis / Prostadynia: What's the Difference and What are We Treating? <i>Piruz Motamedinia MD</i>
9:55 AM	State of the Art Treatment of Peyronie's Disease Stanton Honig MD
10:05 AM	Refreshment Break
10:20 AM	<b>Keynote Lecture</b> Impact of Shift Work on Men's Sexual and Reproductive Health <i>Alexander Pastuszak MD</i> , <i>PhD</i>
10:40 AM	Keynote Lecture Hypogonadism: What are the Best Delivery Systems, What's on the Horizon and What do we Need to Follow? David Shin MD
11:00 AM	New Minimally Invasive Treatment Options for BPH David Kellner MD
11:10 AM	Debate: To Screen or Not to Screen for Prostate Cancer? Changes in Guidelines: AUA Recommendations and Beyond Moderator: Thomas Martin MD Pro: Michael Leapman MD Con: Preston Sprenkle MD Discussion Panel: Speakers and David Hesse MD
12:00 PM	Metastatic Prostate Cancer: Quality of Life Issues Gerald Portman MD
12:10 PM	Summary and Take Home Messages Stanton Honig MD
12 <b>:</b> 15 PM	Lunch (Non-CME Program Sponsored by Janssen)

# Men's Health Symposium: Men's Health Across the Lifespan

This symposium will be held at the Saybrook Point Inn in Old Saybrook CT. Saturday, March 17, 2018

Morbidity and mortality rates in males in the United States and abroad are striking. Men do not seek health care at the same rate as women and children. We should be creating a culture that promotes good health for all people through healthy development across the lifespan. Shedding light on how government policies as well as public attention have grown to accept poorer male health outcomes is a task that needs to be dissected and attended to in public health, health education, health promotion, and community involvement.

This conference intends to review, discuss, and fulfill the need to better understand male gender specific issues relating to benign and malignant prostate disease, hypogonadism, male infertility, and sexual dysfunctions.

## **Registration Information**

PLEASE NOTE: You must register online. This informational panel is not a registration form.

Register online, at cme.yale.edu

### **ONLINE REGISTRATION INSTRUCTIONS:**

- 1. Go to "Our Offerings"
- 2. Select "Live Courses"
- 3. Scroll down and select the "Details" button under Men's Health Symposium

4. Click the "Register" tab in order to proceed

Please note: You will be required to login or create a profile to register

**OR,** Please scan the image at right (QR Code) with your Smartphone or Tablet to be directed to the conference homepage and proceed with Step 4.



### **REGISTRATION FEES**

Registration fee\* includes breakfast, refreshment break and lunch:

Physicians – \$75 Nurses/PAs/Allied Health Professionals – \$50 Non-Yale Residents/Fellows/Students† – \$35 Yale Residents/Fellows/Students† – complimentary UCONN Residents/Medical Students - complimentary

Quinnipiac University Medical Students - complimentary

\*All cancellations must be received in writing (or via e-mail) at least one week prior to the start of the conference to receive a refund. Any requests for refunds received after this date, or by telephone, will **not** be honored.

†A letter of verification from department head must accompany registration. Letter should be sent separately to YaleCME at the below address. You may also e-mail a pdf copy of your verification letter to cme@yale.edu.

★ Registration must be completed online. Please see above Online Instructions to complete the registration process.

If you have any questions, please contact Yale CME at cme@yale.edu or 203.785.4578.

# Details

### ACCREDITATION STATEMENT

The Yale School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### DESIGNATION STATEMENT

The Yale School of Medicine designates this live educational activity for a maximum of **4.25** *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### FINANCIAL SUPPORT

The Department of Urology, Yale School of Medicine is grateful to its supporters. They are acknowledged in all conference materials.

### DISCLOSURE POLICY

It is the policy of Yale School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity and scientific rigor in all its educational programs. All faculty participating as speakers in these programs are required to disclose any relevant financial relationship(s) they (or spouse or partner) have with a commercial interest that benefits the individual in any financial amount that has occurred within the past 12 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. The Center for Continuing Medical Education will ensure that any conflicts of interest are resolved before the educational activity occurs.

### DIRECTIONS

Saybrook Point Inn is located at 2 Bridge Street, Old Saybrook CT 06475. Phone: 860-395-2000

### Coming from NYC / the South / I-95 N:

Follow I-95 North to CT-154 West in Old Saybrook. Take Exit 67 from I-95 North. Merge onto CT-154 West. Take a slight left onto Main Street. Continue onto College Street. Turn right onto Bridge Street. Saybrook Point Inn will be on the left.

### Coming from Boston / I-95 S:

Follow I-90 West / Massachusetts Turnpike. Take Exit 10 toward Auburn / Worcester. Follow signs for US 20 East / I-395 South. Merge onto I-95 South. Take Exit 68 to merge onto U.S. 1 South toward Old Saybrook. Merge onto U.S. 1 South. Turn left to stay on U.S. 1 South and then take a slight left onto Main Street. Continue onto College Street. Turn right onto Bridge Street Saybrook Point Inn will be on your left.

### Coming from Bradley Airport / the North / 91 S:

Take I-91 S and CT-9 S to CT-154 S/Middlesex Turnpike in Old Saybrook. Take exit 2 from CT-9 S. Merge onto CT-154 West. Slight left onto Main Street. Continue onto College Street. Turn right onto Bridge Street. Saybrook Point Inn will be on the left.

### By Rail:

The Inn provides shuttle service to the train station in town. There are two options to get there by rail from New York:

- Amtrak from Penn Station, New York to Old Saybrook, CT
- Metro North from Grand Central Station, New York to New Haven Union St Station, CT then Shoreline East from New Haven Union Street to Old Saybrook, CT

### PARKING INFORMATION

Complimentary parking is available on site.